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## The Right Relationship with Sex

1 Corinthians 6:12-20 ESV

12 "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything. 13 "Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. 14 And God raised the Lord and will also raise us up by his power. 15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! 16 Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh." 17 But he who is joined to the Lord becomes one spirit with him. 18 Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. 19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, 20 for you were bought with a price. So glorify God in your body.

<https://bible.com/bible/59/1co.6.12-20.ESV>

This passage offers us four shifts to make in order to right the ship in regard to our relationship with sex. (Adapted from a blog entitled: "God Loves Sex" by Dashhouse.)

Shift One: Shift from "Freedom is doing what I want" to "Freedom is doing what God wants"

1 Corinthians 6:12 ESV

"All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything.

<https://bible.com/bible/59/1co.6.12.ESV>

Shift Two: Move from thinking that your body is about physical urges to thinking that your body is important to God.

1 Corinthians 6:13 ESV

"Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.

<https://bible.com/bible/59/1co.6.13.ESV>

Shift Three: Shift from thinking that sex is just physical to realizing that sex is about all of you.

1 Corinthians 6:15-17 ESV

15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! 16 Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh." 17 But he who is joined to the Lord becomes one spirit with him.

<https://bible.com/bible/59/1co.6.15-17.ESV>

1 Corinthians 6:18 ESV

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.

<https://bible.com/bible/59/1co.6.18.ESV>

Shift Four: Moving from whatever's happened before to the hope that's found in Jesus

1 Corinthians 6:19-20 ESV

19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, 20 for you were bought with a price. So glorify God in your body.

<https://bible.com/bible/59/1co.6.19-20.ESV>

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